

BIOGRAPHY

Andrea M. Trescot, MD

President-Elect, ASIPP
Director Pain Fellowship, University of Florida
Gainesville, Florida



Andrea Trescot, MD is currently serving as the Director of Pain Fellowship at the University of Florida in Gainesville, after 10 years as an interventional pain physician in Orange Park, Florida (a suburb of Jacksonville). She graduated from the University of Florida with a BS (honors) in zoology. Having finished college in 3 years, she worked as a laboratory technician for a year before starting medical school at the Medical University of South Carolina in Charleston. After graduating from medical school, she started her military career as an intern and resident at the National Naval Medical Center at Bethesda in the department of anesthesia. After a fellowship in pediatric anesthesia at the National Children's Hospital in Washington, she was stationed at the Naval Hospital Jacksonville, 50 miles from her hometown. "I joined the Navy to see the world and they sent me to Jacksonville."

In her position as a staff anesthesiologist, she soon took over additional duties as the director of the ICU, and then established the first pain clinic at the Naval Hospital. After 4 years on active duty, she left the Navy to enter private anesthesia practice in the Florida Panhandle. Her true love was pain management, and in 1989 she left the OR to devote the rest of her professional career to the treatment of chronic pain, establishing North Florida's first full time interventional pain private practice.

She moved to the Shenandoah Valley in Virginia, and opened ten pain clinics along the north-south corridor, from Warrenton to Roanoke. In 1996, the lure of home proved too great, and she moved back to the Jacksonville area with her husband and two children.

In 1999, she joined the American Society of Interventional Pain Physicians (ASIPP) and served as the organization's first treasurer. She has remained an active board member of ASIPP, and is currently the president-elect of the organization. She is also the founding director and immediate past president of the Florida Society of Interventional Pain Physicians, and past president of the Florida Academy of Pain Medicine. A member of the World Institute of Pain, she has earned the Fellow of Interventional Pain Practice, is an examiner for the FIPP exam, and serves as the liaison between WIP and ASIPP for the American Board of Interventional Pain Physicians' board certification exam.

She has authored five textbook chapters, and has been the co-author on four national pain guidelines, including being lead author on ASIPP's national opioid guidelines. She has lectured nationally and internationally on cryoneuroablation, spinal endoscopy, opioids, peripheral nerve entrapments, and interventional pain techniques. Dr. Trescot is passionately committed to the political and economic future of interventional pain management.